

---

**From:** HealthTrust - Benefits  
**Sent:** Thursday, December 20, 2018 1:03 PM  
**To:**  
**Subject:** New Benefit Program – CVS Caremark Transform Diabetes Care®



Dear Members,

HealthTrust is pleased to announce we are introducing a new program on January 1, 2019 to help covered individuals who are living with diabetes better manage their condition. This innovative program leverages the power of connected blood glucose meters to bring a cutting-edge, technologically advanced solution to those living with this condition. As always, HealthTrust is committed to pursuing innovative solutions to help our covered individuals live a healthier life.

**CVS Caremark Transform Diabetes Care®** will be offered to individuals currently being prescribed medication for diabetes who are enrolled in a HealthTrust medical plan that includes prescription coverage provided by CVS Caremark.® (Individuals covered by a *Lumenos* plan or a *Medicomp Three without Prescription Drug* plan are not eligible for Transform Diabetes Care.)

This comprehensive, voluntary program helps individuals who participate improve their adherence to medication, better monitor their blood sugar and A1C levels, and adopt healthier lifestyle habits. These improvements may, in turn help reduce their risk for potentially life-threatening complications of diabetes.

In January, CVS Caremark® will be sending a Welcome Kit to all eligible HealthTrust covered individuals age 18 or older who are taking prescribed medication for diabetes. The kit explains the program, includes a voucher for two diabetes monitoring visits within one year at any CVS MinuteClinic® location, and offers personalized one-on-one coaching with a CVS pharmacist.

The Welcome Kit also includes instructions for enrolling in the Livongo connected meter program. Individuals who enroll in the Livongo connected meter program will also be offered the following tools for managing diabetes better at no cost to them:

- A free Livongo connected blood glucose meter that automatically uploads blood sugar data to a secure account to share with their doctor or anyone they choose.
- Live interventions triggered by acute alerts.
- Test strips and lancets shipped directly to the participant.
- Guidance from a Certified Diabetes Educator.

By participating in **CVS Caremark Transform Diabetes Care®**, individuals with diabetes may find they can manage their condition more effectively and they feel better on a day-to-day basis. That can mean a healthier and more productive life.

For more information about **CVS Caremark Transform Diabetes Care®**, you or your employees can visit [start.livongo.com](http://start.livongo.com) or call your dedicated Livongo Team at **800.945.4355**. As always, HealthTrust Enrollee Services representatives are available to answer your questions at **800.527.5001** or [enrolleeservices@healthtrustnh.org](mailto:enrolleeservices@healthtrustnh.org).

## HealthTrust

PO Box 617

Concord, NH 03302

Tel: 603.226.2861

800.527.5001

Email: [benefits@healthtrustnh.org](mailto:benefits@healthtrustnh.org)

HealthTrust website: [www.healthtrustnh.org](http://www.healthtrustnh.org)

---

The mission of HealthTrust is to provide high quality, cost-effective employee benefit products and services for public employers and employees in New Hampshire in order to reduce costs through pooling strategies with a commitment to education, health promotion and disease prevention.

HealthTrust, Inc. endeavors to protect the privacy of the enrollee and their beneficiaries' healthcare information. This message is intended only for the use of the addressee and may contain private health care information that is protected by state and federal law, including without limitation the Health Insurance Portability and Accountability Act of 1996. If you are not the intended recipient, you are hereby notified that any dissemination of this communication is strictly prohibited. If you have received this communication in error, please erase or destroy all copies of the message and its attachments and notify the sender immediately. Thank you.

HealthTrust is committed to safeguarding your health information. Please be aware that you can contact HealthTrust using our [Secure Email Message Center](#). Emails sent and received via the Message Center will require you to login and will be encrypted for your protection.