

New Hampshire walk-in centers, urgent care centers and retail health clinics

Quick guide to locations and services

You can take care of minor injuries or illnesses such as small cuts, earaches, sprains, a cough, a cold or the flu without going to the emergency room (ER) — and save time and money. When you can't see your doctor right away, or if your doctor's office is closed, you can choose from a walk-in doctor's office, an urgent care center or a retail health clinic. Most are open weeknights and weekends.

This quick guide shows you the location of each type of facility; and an "X" in the column shows which type of services they offer. These choices have different services and copays, so please call and ask before you go.



Choose a care option that could save you time and money:

- **Walk-in doctor's office** — You don't have to be a current patient or have an appointment. This type of office handles mostly routine care and common family illnesses.
- **Urgent care center** — These centers are staffed by doctors who treat health problems that should be looked at right away, but aren't as serious as emergencies. They can often do X-rays, lab tests and stitches.
- **Retail health clinic** — It's staffed by medical professionals who give basic health care services to "walk-in" patients. Most often it's found in a major pharmacy or retail store.

Remember, you have choices. If it's not an emergency, you can also call our 24/7 NurseLine. The nurse on the phone can help you decide what to do next. The phone number for 24/7 NurseLine is 1-800-544-1901 (or you can contact Customer Service for assistance).

Facility

Sprains, strains	Animal bites	X-rays	Stitches	Mild asthma	Minor headaches	Back pain	Nausea, vomiting, diarrhea	Minor allergic reactions	Coughs, sore throat	Bumps, cuts, scrapes	Rashes, minor burns	Minor fevers, colds	Ear or sinus pain	Mild urinary symptoms	Eye swelling, irritation, redness or pain	Vaccinations ¹
------------------	--------------	--------	----------	-------------	-----------------	-----------	----------------------------	--------------------------	---------------------	----------------------	---------------------	---------------------	-------------------	-----------------------	---	---------------------------

Urgent care centers																	
Concord Concord Hospital Walk-in Urgent Care at Horseshoe Pond 60 Commercial Street 1-603-230-1200	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dover Wentworth-Douglass Express Care 701 Central Avenue 1-603-609-6700	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lee Wentworth-Douglass Hospital Walk-in Urgent Care at Lee, Professional Center 65 Calef Highway 1-603-868-8507	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Londonderry Elliot Urgent Care at Londonderry 40 Buttrick Road 1-603-552-1550	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Manchester Elliot Urgent Care at River's Edge 185 Queen City Avenue 1-603-663-7227	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Milford Milford Urgent Care Center 442 Nashua Street 1-603-673-5623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Salem Parkland Urgent Care 31 Stiles Road, Suite 1100 1-603-890-2727	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

¹ Some facilities only offer certain types of vaccinations. To find out which ones are available at a location near you, please contact the facility directly.

When to use the ER

Always call 911 or go to the ER if you think you could put your health at serious risk by delaying care.



Anthem Blue Cross and Blue Shield is the trade name of Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. Independent licensees of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.