HealthTrust, Inc. **Board of Directors** SUGAR HILL, NH

Minutes of August 3, 2018

BOARD OF DIRECTORS PRESENT:

Stacey, Cathy Ann, Reg of Deeds, Rockingham Cnty, Chair	Fenn, James, Business Admin, SAU #60
Beaudin, K. Jeanne, Town Admin, Belmont	Hilchey, Susan, HR Manager, SAU #25
Cox, Blaine, Dep City Mgr, City of Rochester	Sheing, Jill, HR/Payroll Coord, Strafford County
Dean, Russell, Town Manager, Exeter	Steel, Adam, Business Admin, SAU #39

BOARD MEMBERS UNABLE TO ATTEND:

Rapp, Brian, Lt. Claremont Fire Department	Trahan, Sarah, Teacher, Winnacunnet H. School			
Rossner, Daniel, Bus Admin, SAU #48, Vice Chair				

STAFF PRESENT:

Frydman, David, General Counsel	Simmons, Darlene, Manager, Engagement
Kalgren, Jason, Manager, Reporting & Data	Swasey, Martha, Manager, Enrollee Services
Law, David, Benefits & Coverage Counsel	Thompson, Jennifer, Risk & Control Officer
Olson, Barbara, Executive Assistant	Tsiopras, George, Chief Financial Officer
Parker, Wendy, Executive Director	Weden, Scott, Manager, Wellness

Cathy Ann Stacey opened the meeting at 8:00 a.m.

Roundtable Discussion

David Frydman and David Law facilitated a round table discussion on the future of Health Care and what the board perceives to be next on the horizon for HealthTrust. Significant discussion ensued.

Review and Approval of Minutes

Cathy Ann Stacey asked if board members had reviewed the minutes of the May 24, 2018 Health Trust Board meeting, public and non-public sessions.

MOTION by K. Jeanne Beaudin, seconded by Susan Hilchey, to accept the minutes of the May 24, 2018 HealthTrust Board of Directors meeting, public and non-public sessions.

MOTION passed unanimously.

May 2018 Financials

George Tsiopras reviewed the May 2018 financials, in detail. Discussion ensued. Mr. Tsiopras also gave a review of the June financials with information he had to date.

MOTION by Adam Steel, seconded by James Fenn, to accept the May 2018 Financials, as presented.

MOTION passed unanimously.

Succession Plan

Wendy Parker presented the proposed HealthTrust Succession Plan and reviewed the history of the process in drafting the proposed Succession Plan for the organization. She stated that the Plan had been reviewed by the Finance & Personnel Committee.

MOTION by Adam Steel, seconded by K. Jeanne Beaudin, to adopt the Succession Plan, as presented.

MOTION passed unanimously.

Governance & Nominating Committee Report

Chair Stacey invited Russell Dean, Chair of the Governance & Nominating Committee to address the board. Mr. Dean reviewed the annual meeting timeline and the nomination/election process that was shared with board members and discussed the four board positions up for election at this year's annual meeting. He thanked all board members who are currently in those four positions and noted that each one has expressed an interest in being re-elected.

Ambassador ToolKit

Darlene Simmons was invited to address the board. Ms. Simmons reviewed the content of the Ambassador ToolKit. The board thanked Ms. Simmons and her team for their work on the ToolKit.

Action Items - Next Generation Benefits

• *Site of Service*: Wendy Parker reviewed the proposed enhancements that were discussed at the Strategic Planning Committee meeting on June 21st. Staff is recommending that the benefit component for physical, occupational and speech therapy; chiropractic care; cardiac rehabilitation; and acupuncture for the ABSOS20/40/1KDED and ABSOS25/50/3KDED all have the PCP copayment rather than the specialist copayment. Discussion ensued.

MOTION by James Fenn, seconded by K. Jeanne Beaudin, to accept the recommendation regarding enhancements to the Site of service Plan as proposed by staff and outlined above. These enhancements would be effective January 1, 2019 for January groups and July 1, 2019 for July groups.

MOTION passed unanimously.

• LiveHealth Online: Wendy Parker reviewed the recommendation of staff that was discussed at the June 21 Strategic Planning Committee meeting, to reduce the copayment to \$10.00 from the current charge of PCP copayment. For plans that already have a lower cost copayment (e.g. \$5.00) the copayment would remain the same. Walk-in Facility: Wendy Parker reviewed the proposed recommendation that the current copayment (specialist) be reduced to the PCP copayment for walk-in facilities (such as ConvenientMD, ClearChoiceMD, and CVS Minute Clinics). This proposal was also discussed at the June 21 Strategic Planning Committee meeting. Discussion ensued.

MOTION by Russell Dean, seconded by Blaine Cox, to accept the co-payment recommendations as proposed by staff and outlined above. These enhancements would be effective January 1, 2019 for January groups and July 1, 2019 for July groups

MOTION passed unanimously.

New Site of Service Plan Option: Wendy Parker reviewed the proposed addition to the site of service plans that are offered by HealthTrust. This plan would be an ABSO30/60 5KDED – RX10/20/45. Discussion ensued.

MOTION by James Fenn, seconded by Adam Steel, to accept the recommendation to add a new Site of Service Plan option, as proposed by staff and outlined above. This additional plan would be effective and available for January 1, 2019.

MOTION passed unanimously.

New Lumenos Plan Option: Wendy Parker reviewed the details of a proposed addition to the Lumenos Access Blue HMO plan that is offered by HealthTrust. This plan would be a Lumenos Access Blue NE HMO In-Network Benefits only, except for ER, with a standard deductible of \$5,000/\$10,000. Discussion ensued.

MOTION by Adam Steel, seconded by Blaine Cox, to accept the recommendation to add a new Lumenos Plan Option, as proposed by staff and outlined above. This additional Plan would be effective and available for January 1, 2019.

MOTION passed unanimously.

• *Pharmacy Program Proposal*: Wendy Parker reviewed the recommendation of staff to add a prescription drug plan with higher copayments and additional medical management components. This would be a lower cost, 4-tier prescription drug benefit option that has a closed formulary and incorporates several utilization management programs. Discussion ensued.

MOTION by Adam Steel, seconded by Russell Dean, to accept the recommendation regarding a newer low cost prescription drug plan, as proposed by staff and outlined in the presentation. This additional pharmacy program would be effective and available January 1, 2019. Further discussion ensued.

Roll Call Vote

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Beaudin, Jeanne	Y	Fenn, James	N	Stacey, Cathy Ann	N
Cox, Blaine	N	Hilchey, Susan	Y	Steel, Adam	Y
Dean, Russell	Y	Sheing, Jill	N		

MOTION failed.

• Transform Diabetes Care Program: Wendy Parker reviewed the program being proposed by staff. This program uses advanced analytics to identify unique improvement opportunities for covered individuals with diabetes and leverages CVS Caremark's Health Engagement Engine to enable more effective outreach by identifying and prompting personalized counseling opportunities. Covered Individuals enrolled in the program will receive highly personalized support and coaching to help improve medication adherence, better track and control A1C levels, and support healthy lifestyle behaviors through CVS Caremark consumer touch points. These interventions will be delivered to enrolled individuals, either in person at a CVS Pharmacy, or by telephone. In addition, enrolled individuals will be offered a connected glucometer, which will share their blood glucose levels with a pharmacist-led team via a health cloud, enabling the team to identify potential issues and intervene with one-on-one coaching. Enrolled individuals also have access to digital tools within the CVS Pharmacy mobile app, such as medication refill reminders and the ability to refill a prescription via two-way text messaging, to help reduce the complexity of daily disease management. Discussion ensued.

MOTION by James Fenn, seconded by Adam Steel, to adopt the Transform Diabetes Care Program, as proposed and outlined by staff.

MOTION passed unanimously.

Technology Roadmap

Staff reviewed discussions from the presentation by TriCorps on August 2, 2018. Based on the needs of the organization to accomplish the work involved in moving the organization forward with technology, staff is requesting additional resources of \$123,000. Discussion ensued. This request is for the establishment of a business analyst position, additional consulting, and additional technology and training. Discussion ensued.

MOTION by Adam Steel, seconded by Russell Dean, to increase the FY19 budget by \$123,000 to cover the items requested and as outlined above.

Significant discussion ensued.

James Fenn offered an amendment to the MOTION to fund this in the current FY budget. There was no second to the amendment.

Adam Steel amended the MOTION to direct staff to fund the request of \$123,000 out of the current FY19 budget and if they cannot, to meet with the Finance & Personnel Committee to make a supplemental budget request. Russell Dean seconded the amendment.

MOTION, as amended, passed unanimously.

Regulatory Discussion

The board discussed next steps in the process and requested that Wendy Parker and Cathy Ann Stacey write a letter to the BSR requesting a written report.

Executive Director FY2018 Performance Evaluation and Goal Setting

MOTION by Adam Steel, seconded by Russell Dean, to enter non-public session regarding RSA 91-A:3, II (a) the dismissal, promotion or compensation of any public employee, and (b) the hiring of a public employee.

Roll Call Vote

Beaudin, Jeanne	Y	Fenn, James	Y	Stacey, Cathy Ann	Y
Cox, Blaine	Y	Hilchey, Susan	Y	Steel, Adam	Y
Dean, Russell	Y	Sheing, Jill	Y		

MOTION passed unanimously at 10:42 a.m.

The board remained for the discussion. All other staff left the meeting.



~NON-PUBLIC SESSION~

The Board took up the subject of the Executive Director's performance review for the past year, and goals for the next year. Discussion ensued. The board asked that Chair, Cathy Ann Stacey finalize the performance evaluation and goals with Wendy Parker.

MOTION by K. Jeanne Beaudin, seconded by James Fenn, to exit non-public session.

Roll Call Vote

Beaudin, K. Jeanne	Y	Fenn, James	Y	Stacey, Cathy Ann	Y
Cox, Blaine	Y	Hilchey, Susan	Y	Steel, Adam	Y
Dean, Russell	Y	Sheing, Jill	Y		Y

MOTION passed unanimously at 11:10 a.m.

~PUBLIC SESSION~

MOTION by K. Jeanne Beaudin, seconded by James Fenn to adjourn the meeting.

MOTION passed unanimously at 11:11 a.m.

Barbara Olson, Executive Assistant

Respectfully submitted,

Barbara Olson, Executive Assistant